

Expo Resources Directory

Disability Specific Supports

Category	Who	Description	Website info
Disability Specific Supports	Council for Intellectual Disability	The Council for Intellectual Disability are a disability rights organisation led by people with intellectual disability.	https://cid.org.au/
Disability Specific Supports	Epilepsy Action Australia	Epilepsy Action Australia exists to ultimately save and improve the lives of those affected by epilepsy.	https://www.epilepsy.org.au/
Disability Specific Supports	Muscular Dystrophy NSW	At Muscular Dystrophy NSW, our mission is to empower, connect and support people with neuromuscular conditions, and be an effective advocate for the neuromuscular community.	https://mdnsw.org.au/
Disability Specific Supports	Royal Institute for Deaf & Blind Children (RIBDC)	The Royal Institute for Deaf and Blind Children (RIBDC) is Australia's largest non-government provider of therapy, education, cochlear implant and diagnostic services for people with hearing loss or vision impairment, supporting thousands of adults, children and their families each year.	https://ridbc.org.au/contact-ridbc
Disability Specific Supports	Vision Australia	Vision Australia is a leading national provider of blindness and low vision services in Australia.	http://visionaustralia.org.au/

Education & Training

Category	Who	Description	Website info
Education & Training	Australian Disability Clearinghouse on Education and Training (ADCET)	The ADCET website is designed for people with disability and/or medical conditions. It provides information and resources that may be useful for current students or potential students who are considering post-secondary education or training at university, TAFE or with a Registered Training Organisation.	http://www.adcet.edu.au/inclusive-technology/learning-disability/
Education & Training	Course seeker	Study the course that's right for you. Thousands of on-campus and online courses across Australia in one place. The site also has many useful links and resources.	https://www.courseseeker.edu.au/
Education & Training	Inclusive learning support	Resources for parents to understand supports the Department of Education offers for students with disabilities. Documents include personalised learning and NDIS supports.	https://education.nsw.gov.au/parents-and-carers/inclusive-learning-support/resources/downloads
Education & Training	School Based Apprenticeships and Traineeships (SBAT)	School Based Apprenticeships and Traineeships (SBAT) are available to all Year 10, 11 and 12 high school students in NSW. They allow students to commence an apprenticeship or complete a traineeship while at school.	https://sbatinnsw.info
Education & Training	TAFE NSW	TAFE NSW provides high quality, relevant and practical vocational training to students across 130 locations.	https://www.tafensw.edu.au/
Education & Training	Training Services NSW	Training Services NSW is responsible for government-funded vocational education and training (VET) in NSW.	https://www.training.nsw.gov.au/apprenticeships_traineeships/employers/assistance_disabilities.html

Employment

Category	Who	Description	Website info
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Category	Who	Description	Website info
Employment	Everyone can work	The Everyone Can Work website is for people with intellectual disability, their families and supporters. It brings together information about Australian Government employment supports, the lived experience of families and people with intellectual disability, and current research about employment for people with intellectual disability in Australia.	https://www.everyonecanwork.org.au/
Employment	JobAccess	JobAccess is the national hub for workplace and employment information for people with disability, employers and service providers. It is a free service that exists to remove any barriers to disability employment.	https://www.jobaccess.gov.au/
Employment	Multicultural Peer Network	The Multicultural Peer Network is social and community participation for people from culturally and linguistically diverse (CALD) communities, people with disability, their families and carers.	https://www.ssi.org.au/resources/publications
Employment	National Disability Services (NDS)	National Disability Services (NDS) is Australia's peak body for non-government disability service organisations, representing over 1180 non-government service providers.	https://buyability.org.au/
Employment	Skillsroad	Skillsroad is Australia's number 1 destination for independent career advice, empowering young people, along with their parents, teachers and future employers to feel confident and supported taking the first steps on their career journey.	https://www.skillsroad.com.au/
Employment	Starting a Microbusiness	Micro Business defined by the NSW government is a business run by an individual rather than a corporation or larger company.	https://microenterprises.valuedlives.org.au/finding-and-keeping-a-job-ndis/
Employment	Productivity Bootcamp	Productivity Bootcamp is a concentrated 8-week program, giving young people the construction skills and work values needed to succeed in the industry, with hands-on experience in many trades.	https://productivitybootcamp.com.au/

Finding Services

Category	Who	Description	Website info
Finding Services	IDEAS - Information on Disability	IDEAS is a free independent information service for people with disability, their family's carers and people working with and for people with disability.	https://www.ideas.org.au/
Finding Services	My Care Space	MyCareSpace is a social enterprise who has developed a national directory of Disability Services and NDIS information resources.	https://mycarespace.com.au/
Finding Services	The Housing Hub	The Housing Hub is a new way for people with disability to find suitable housing.	https://www.thehousinghub.org.au/

Getting Support

Category	Who	Description	Website info
Getting Support	Carer Gateway	The Carer Gateway is an Australian Government Initiative, providing free services to access for anyone caring for a family member or friend who is living with a disability, a long term medical condition, mental illness, alcohol or drug dependency or someone who is frail.	https://www.carergateway.gov.au/
Getting Support	Disability Sports Australia	If you or someone you know is interested in getting involved either as a participant, volunteer or mentor, please contact Disability Sports Australia as your first port of call.	https://www.sports.org.au/contact
Getting Support	Fair Trading NSW	The Fair Trading NSW website provides information on education and training services, consumer rights and how to get help	https://www.fairtrading.nsw.gov.au/buying-products-and-services/buying-services/education-and-training#savvy
Getting Support	Family Advocacy	We work with families to promote the rights & interests of people with developmental disability	https://family-advocacy.com/

Category	Who	Description	Website info
Getting Support	Multicultural Peer Network	The Multicultural Peer Network is social and community participation for people from culturally and linguistically diverse (CALD) communities, people with disability, their families and carers.	https://www.ssi.org.au/resources/publications
Getting Support	National Disability Coordination Officer (NDCO) Program	The NDCO Program works strategically to assist people with disability access, and participate in tertiary education and subsequent employment, through a national network of regionally based NDCOs.	https://www.education.gov.au/national-disability-coordination-officer-programme
Getting Support	NDIS Quality & Safeguards Commission	The NDIS Commission is an independent Commonwealth government body that helps NDIS participants receive good quality services, helps keep NDIS participants safe, registers NDIS providers, explains the rules to provides and make sure they follow them	https://www.ndiscommission.gov.au/
Getting Support	NSW Ageing and Disability Commission	The Ageing and Disability Commission is an independent agency of the NSW Government. We promote the rights of older people and adults with disability to ensure they live free from abuse, neglect and exploitation in their family, home and community. Call the Ageing and Disability Abuse Helpline on 1800 628 221 for information, support or to make a report. You can be anonymous when you contact us.	https://www.ageingdisabilitycommission.nsw.gov.au/
Getting Support	PATH Inc	PATH Inc is a community based information and advocacy service to people with disabilities and their families and carers.	www.path.org.au
Getting Support	SAMARPAN	SAMARPAN is an organisation representing People With Disability (including both Intellectual and Physical) of Indian / South Asian background in New South Wales.	http://samarpan.org.au/
Getting Support	Services Australia (formerly Centrelink)	Services Australia assist people with disability to receive payments and services for you, your family or carers, if you have an illness, injury or disability.	https://www.servicesaustralia.gov.au/individuals/people-disability/ https://www.servicesaustralia.gov.au/individuals/services/centrelink/disability-support-pension/what-resources-are-available/disability-champion-videos
Getting Support	SydWest Multicultural Services	SydWest Multicultural Services is a leading organisation for all cultural diversity issues responding to community needs and opportunities.	https://www.sydwestms.org.au/
Getting Support	The Australian Youth Mentoring Network	The Australian Youth Mentoring Network, Australia's peak mentoring body, is a national hub for youth mentoring research, tools and resources. We work with interested youth mentoring organisations and practitioners to foster the growth and development of high quality mentoring programs for young people in Australia by providing a national base of collaboration, support, guidance and expertise.	https://aymn.org.au/about/

Government Departments

Category	Who	Description	Website info
Government Departments	Fair Trading NSW	The Fair Trading NSW website provides information on education and training services, consumer rights and how to get help	https://www.fairtrading.nsw.gov.au/buying-products-and-services/buying-services/education-and-training#savvy
Government Departments	NDIS Quality & Safeguards Commission	The NDIS Commission is an independent Commonwealth government body that helps NDIS participants receive good quality services, helps keep NDIS participants safe, registers NDIS providers, explains the rules to provides and make sure they follow them	https://www.ndiscommission.gov.au/
Government Departments	NSW Ageing and Disability Commission	The Ageing and Disability Commission is an independent agency of the NSW Government. We promote the rights of older people and adults with disability to ensure they live free from abuse, neglect and exploitation in their family, home and community. Call the Ageing and Disability Abuse Helpline on 1800 628 221 for information, support or to make a report. You can be anonymous when you contact us.	https://www.ageingdisabilitycommission.nsw.gov.au/

Category	Who	Description	Website info
Government Departments	Services Australia (formerly Centrelink)	Services Australia assist people with disability to receive payments and services for you, your family or carers, if you have an illness, injury or disability.	https://www.servicesaustralia.gov.au/individuals/people-disability/ https://www.servicesaustralia.gov.au/individuals/services/centrelink/disability-support-pension/what-resources-are-available/disability-champion-videos
Government Departments	The NSW Trustee & Guardian	The NSW Trustee & Guardian supports the people of NSW in planning for their future legal, health and financial decisions. The agency can also be appointed as a person's financial manager and/or guardian by a court or tribunal.	https://www.tag.nsw.gov.au/

Health

Category	Who	Description	Website info
Health	Allied Health Services	Allied health professionals are health professionals that are not part of the medical, dental or nursing professions.	https://ahpa.com.au/
Health	Trapeze (The Sydney Children's Hospital Network)	Trapeze aims to empower you to better manage your condition as you move over to adult services	http://www.trapeze.org.au/
Health	Western Sydney COVID-19 Community Resources	Western Sydney Local Health District's COVID-19 Community Resources website provides easy access to credible health and wellbeing information in one spot, including a free translation and interpretation services hotline. Find direct links to trusted websites including NSW Health, state and federal Governments, as well as to mental health and wellbeing, financial, legal and housing supports during COVID-19.	https://www.wslhd.health.nsw.gov.au/covid-19-wellbeing/home

Information & Services

Category	Who	Description	Website info
Information & Services	Disability Sports Australia	If you or someone you know is interested in getting involved either as a participant, volunteer or mentor, please contact Disability Sports Australia as your first port of call.	https://www.sports.org.au/contact
Information & Services	Glossary of acronyms	The jargon explained - a list of common acronyms	See resources section
Information & Services	LEEP	Leep's focus is on inclusivity and equity. Leep are dedicated to creating inclusive communities for people experiencing disadvantage through digital inclusion and volunteering.	https://leep.ngo/
Information & Services	Multicultural COVID-19 videos	COVID 19 Community Videos by Bilingual Community Educators and Bilingual Health Workers	See resources section for videos
Information & Services	National Relay Service	The National Relay Service (NRS) is a government initiative that allows people who are deaf, hard of hearing and/or have a speech impairment to make and receive phone calls.	https://www.communications.gov.au/what-we-do/phone/services-people-disability/accesshub/national-relay-service
Information & Services	Volunteering Australia	Volunteering Australia is the national peak body for volunteering, working to advance volunteering in the Australian community.	https://www.volunteeringaustralia.org/#/
Information & Services	Zoom tips	Since March 2020 the use of video conferencing platforms, especially Zoom have become a central part of how we get things done. This fact sheet contains some tips to help you get the most out of Zoom. It aims to give you an overview of some of the functions and features available rather than give a step-by-step guide. You can visit the Zoom Help Centre for instructions and screen shots on usage.	https://www.adcet.edu.au/covid-19-faqs/Staff-Support/staying-connected/zoom-tip-tips/

Mental Health

Category	Who	Description	Website info
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Category	Who	Description	Website info
Mental Health	batyr	batyr is a for purpose preventative mental health organisation, created and driven by young people, for young people.	https://www.batyr.com.au/
Mental Health	Embrace Multicultural Mental Health	The below resources have been compiled by Embrace Multicultural Mental Health with advice from the CALD Mental Health Consumer and Carer Group.	https://embracementalhealth.org.au/resources-leaders-community?_cldee=bGlzZWwuaGVycm1hbm5AZGV0Lm5zdy5lZHUuYXU%3d&recipientid=contact-33691532209ae51180f9c4346bc56334-42c5171ed9a3477c9a0f047633eb46a5&esid=882650bb-df0c-eb11-a813-00224814e7b1
Mental Health	Head to Health	If you're trying to improve your own mental health, or support somebody else with mental health issues, Head to Health provides links to trusted Australian online and phone supports, resources and treatment options.	https://headtohealth.gov.au/
Mental Health	Headspace	Information and services to support a young person going through a tough time.	https://headspace.org.au/
Mental Health	Mental Health Coordinating Council (MHCC)	The Mental Health Coordinating Council (MHCC) is the peak body for community managed mental health organisations in New South Wales.	https://www.mhcc.org.au/?s=applying+for+the+ndis
Mental Health	Mental Health Navigation Tool	Helping you find the right mental health support in the Blue Mountains, Hawkesbury, Lithgow and Penrith.	https://www.mentalhealthhelp.com.au
Mental Health	Mental Health Wheel	Select the level of support that's right for you and click on that part of the wheel to see the services available.	https://www.nbmphn.com.au/Health-Professionals/Services/Mental-Health-Wheel
Mental Health	MindGuide	MindGuide has been commissioned by WentWest, Western Sydney Primary Health Network to provide guidance regarding mental health to people living or working in the Western Sydney Region.	https://mindguide.org.au/for-individuals/
Mental Health	Psychosocial Disability and the NDIS	reimagine.today helps you understand: The National Disability Insurance Scheme (NDIS), and How it can support people living with a mental health condition. If you live with a mental health condition that impacts on your day-to-day living ('psychosocial disability'), you may be able to get support through the NDIS. So before understanding the NDIS, let's look at 'psychosocial disability'.	https://reimagine.today/
Mental Health	Transition Support Project	This website shares information, resources and tools on mental health and the NDIS, recognising that the needs of people with psychosocial disability may be quite different from those of people with other disabilities. It is primarily designed for healthcare professionals, but may be of use to others.	https://www.tspforall.com.au/

NDIS support

Category	Who	Description	Website info
NDIS support	NDIS Find a partner	The NDIS in each state webpage has all the partner organisations to deliver Local Area Coordination (LAC) and Early Childhood Early Intervention (ECEI) services to Australians with disability.	https://www.ndis.gov.au/understanding/ndis-each-state/new-south-wales#find-your-ndis-partner-in-the-community
NDIS support	NDIS Price Guide	The NDIA has published the NDIS Price Guide and Support Catalogue 2020-2021 effective 1st July 2020.	https://www.ndis.gov.au/providers/price-guides-and-pricing
NDIS support	NDIS Quality & Safeguards Commission	The NDIS Commission is an independent Commonwealth government body that helps NDIS participants receive good quality services, helps keep NDIS participants safe, registers NDIS providers, explains the rules to providers and make sure they follow them	https://www.ndiscommission.gov.au/

Category	Who	Description	Website info
NDIS support	Psychosocial Disability and the NDIS	reimagine.today helps you understand: The National Disability Insurance Scheme (NDIS), and How it can support people living with a mental health condition. If you live with a mental health condition that impacts on your day-to-day living ('psychosocial disability'), you may be able to get support through the NDIS. So before understanding the NDIS, let's look at 'psychosocial disability'.	https://reimagine.today/
NDIS support	School to work with NDIS support	Learn about employment assistance through the NDIS to help you get work when you leave school. Learn about the things you need to tell us to help you get a job that you want to do.	https://youtu.be/cObGJAWit2w
NDIS support	Service Agreement (what to look for)	Need to know what to look for in a Service Agreement?	https://www.youtube.com/watch?v=nL9WyJuLaDc
NDIS support	Transition Support Project	This website shares information, resources and tools on mental health and the NDIS, recognising that the needs of people with psychosocial disability may be quite different from those of people with other disabilities. It is primarily designed for healthcare professionals, but may be of use to others.	https://www.tspforall.com.au/
NDIS support	Uniting Local Area Coordination (LAC)	Uniting is a partner of the National Disability Insurance Agency (NDIA), delivering the National Disability Insurance Scheme (NDIS) in your local community.	https://www.uniting.org/local-area-coordination

Transition

Category	Who	Description	Website info
Transition	Kick-starting your child's Career journey	Kick-starting your Child's Career Journey is a guide for families of young people with a disability. Kick starting Your Child's Career Journey PDF document can be found at this website.	http://www.ddwa.org.au/resources/
Transition	Leaving school - NDIS	Are you a Year 12 student or leaving school? School leaver employment supports are NDIS supports available to students leaving secondary school.	https://www.ndis.gov.au/participants/finding-keeping-and-changing-jobs/leaving-school#school-leaver-employment-supports-and-education
Transition	myWay Employability	myWAY Employability is a personalised career planner to help you prepare for your working life. Your strengths and interests profile is matched to education, training, and employment pathways.	https://www.mywayemployability.com.au/?utm_source=National+Disability+Insurance+Scheme+eNewsletter&utm_campaign=589e3ca5b5-EMAIL_CAMPAIGN_2017_01_20_COPY_01&utm_medium=email&utm_term=0_85b9cee0c8-589e3ca5b5-50993617
Transition	Parent voice - story of Cathy	The Parent perspective of life transitioning out of school.	https://www.youtube.com/watch?v=sSbTbyP95i8
Transition	Parents of Deaf Children	Parents of Deaf Children (PODC) is a non profit organisation, supporting families with children having hearing loss in NSW. PODC can assist families with free decision making and planning support prior to attending NDIS planning meetings.	https://www.podc.org.au/
Transition	Participant Voice - story of Laura	The Participant perspective of life transitioning out of school.	https://www.youtube.com/watch?v=YW-W0t3MWs8
Transition	Post School Community Access	Community Participation / Day Programs / Activities	https://youtu.be/3l-p56-XXGI
Transition	Post School Employment Pathways	Video for Post School Employment Pathways	https://youtu.be/gcRWBAAmfVU
Transition	Relationships Australia NSW	Relationships Australia NSW is funded to provide counselling and support to people living with a disability, who have been affected by the Royal Commission into Violence, Abuse, Neglect, and Exploitation of People with Disability	www.relationshipsnsw.org.au
Transition	School to work with NDIS support	Learn about employment assistance through the NDIS to help you get work when you leave school. Learn about the things you need to tell us to help you get a job that you want to do.	https://youtu.be/cObGJAWit2w

Category	Who	Description	Website info
Transition	Transition out of school information sheets	The attached fact sheets were devised by the Support Teacher Transition (in Western Sydney) NSW Department of Education to provide students with information to assist with the transition from school to further education and/or employment.	See resources section for information sheets